



# TRIME

## BODY BALANCE SYSTEM

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# WEIGHT MANAGEMENT SUPPLEMENT MARKET

European weight management supplement market was valued at \$3,65 billion and is projected to register a **CAGR of 7,68%** over the next 5 years (from 2024 to 2029).

The boundaries between weight management, fitness, wellbeing continue to blur.

How to evolve in this growing market?  
3 TOP TRENDS TO ANALYSE

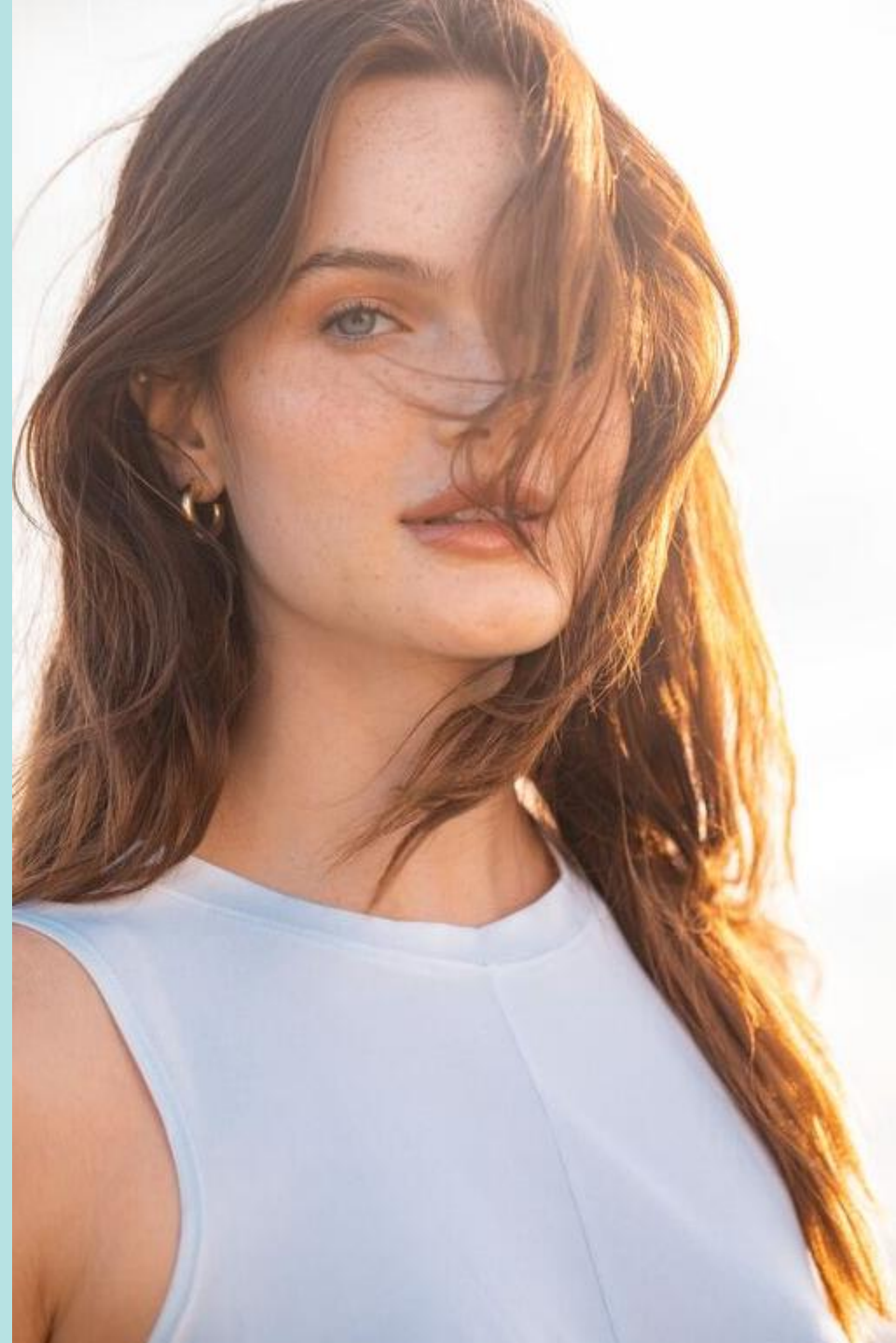


# DIETING TO LOSE WEIGHT IS OUTDATED

Weight wellness support can target consumers who seek to adopt a proactive approach to their weight, thereby avoiding the challenge of needing to lose weight, as the term 'calorie-counting' starts to become outdated.

# CUSTOMISED APPROACH

Consumers are looking for a customised approach to weight management that offers greater flexibility in time commitment, products and support to meet their unique desire.







# SPECIFIC CORE NEEDS

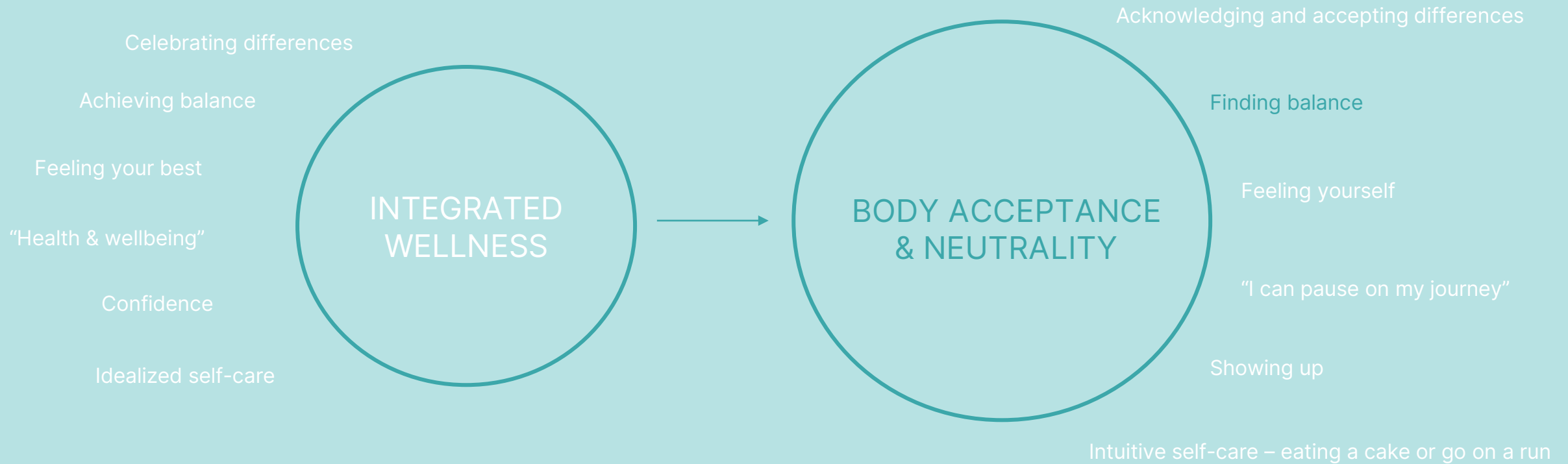
Weight-management consumers have **specific core needs** for success in a program.

Top needs identified are: support for appetite control, food cravings control, overall metabolism support, quick tasty meal replacements.





# TO DITCH THE IDEA OF AN “IDEAL BODY” ENTIRELY



# Body balance.

Refers to the state of equilibrium between one's lifestyle, well-being, and healthy habits.

It involves finding the  
right mix that supports  
your overall health.



ageLOC

# TRME

BODY BALANCE SYSTEM



EMPOWERS YOU TO CUSTOMISE YOUR WELLBEING JOURNEY

# A FLEXIBLE EXPERIENCE

We offer a  
range of food  
supplements,  
but YOU get to  
decide which to  
use according to  
your goals and  
balance







For conscious men  
and women who  
are looking for a  
more flexible,  
customised  
approach to  
lifestyle journey



# FIND THE RIGHT PRODUCTS TO SUPPORT YOUR BODY BALANCE JOURNEY

To support  
DIGESTION &  
DETOXIFICATION<sup>1</sup>

To help limit  
the feeling of  
FOOD CRAVINGS<sup>2</sup>

To contribute to  
WEIGHT LOSS<sup>3</sup>

To prevent the  
FAT  
ACCUMULATION  
by the liver<sup>4</sup>

MEAL  
REPLACEMENT  
for weight  
management<sup>5</sup>

1. Claims on-hold. Thanks to the Ginger Rhizome Extract (digestion claim) and Artichoke Leaf Extract (digestion and detoxification claim). 2. Claim on-hold. Carob Powder helps limiting the feeling of food craving 3. Thanks to glucomannan. The beneficial effect is obtained with a daily intake of 3 g of glucomannan in three doses of 1 g each, together with 1-2 glasses of water, before meals and in the context of an energy-restricted diet. 4. Claim on-hold. The prevention of fat accumulation is linked to their destockage by the liver, thanks to Curcuma Longa. 5. Substituting one daily meal of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss.



Which TRME products  
can help support your  
wellbeing?

It all depends on your  
needs and your  
body balance



# FIND THE RIGHT PRODUCTS FOR YOU

INNERNu

To support  
DIGESTION &  
DETOXIFICATION<sup>1</sup>

MyEDGE

To help limit  
the feeling of  
FOOD CRAVINGS<sup>2</sup>

MyGOAL

To contribute to  
WEIGHT LOSS<sup>3</sup>

REALMe

To prevent the  
FAT  
ACCUMULATION  
by the liver<sup>4</sup>

M-BARS

MEAL  
REPLACEMENT  
for weight  
management<sup>5</sup>

## WEIGHT MANAGEMENT KITS

All products

All products  
+ M-bars

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# FIND THE RIGHT PRODUCTS FOR YOU

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Supports  
DIGESTION & DETOXIFICATION<sup>1</sup>

## MyEDGE



Helps limit the feeling of  
FOOD CRAVINGS<sup>2</sup>

## MyGOAL



Contributes to  
WEIGHT LOSS<sup>3</sup>

## REALMe



Prevents  
FAT ACCUMULATION  
by the liver<sup>4</sup>

## M-BARS



MEAL REPLACEMENT  
for weight management<sup>5</sup>

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# INNERNu

## Supports digestion & detoxification\*

Take 2 capsules once daily with the meal of your choice.

30 DAYS' SUPPLY  
CAPSULES FORMAT  
VEGAN FORMULA  
GLUTEN-FREE

### GINGER RHIZOME EXTRACT

Helps to support digestion\*

Contributes to the normal  
function of intestinal tract\*

### ARTICHOKE LEAF EXTRACT

Supports detoxification\*

Contributes to intestinal comfort\*

Helps to support the digestion\*

Contributes to the normal function  
of intestinal tract\*







# MyEDGE

Helps limit the feeling of food cravings\*

Mix 1 stick pack with 100ml of the liquid of your choice. Take once daily right before or with a meal.  
If settling occurs, stir again before consuming.

20 DAYS' SUPPLY  
POWDER SACHET  
VEGAN FORMULA  
GLUTEN-FREE

## WHITE MULBERRY LEAF EXTRACT

Contributes to normal blood sugar levels and to the maintenance of the carbohydrate metabolism balance of the body\*

## CHROMIUM

Contributes to the maintenance of normal blood glucose levels

Supports normal macronutrient metabolism

## CAROB POWDER

Supports appetite control\*

Helps limiting the feeling of food cravings\*

Helps increase the feeling of satiety\*

\* Claims on-hold.



# MyGOAL

## Contributes to weight loss

Mix 1 sachet with a big glass of water (at least 250ml) 3 times per day, 15-20 minutes before each meal. Stir until completely dispersed into fluid, then drink immediately before it thickens too much.

30 DAYS' SUPPLY  
POWDER SACHET  
VEGAN FORMULA  
GLUTEN-FREE  
FLAVOR-FREE

### VITAMINS C, B6 and B12

Contribute to normal energy-yielding metabolism  
(vitamins C, B6 and B12)

Support normal homocysteine metabolism  
(vitamins B6 and B12)

Contribute to normal protein and glycogen metabolism  
(vitamins B6)

### GLUCOMANNAN

Contributes to weight loss\*

\* The beneficial effect is obtained with a daily intake of 3g of glucomannan in 3 doses of 1g each, together with 1-2 glasses of water, before meals and in the context of an energy-restricted diet.



# REALMe

Prevents fat accumulation  
by the liver\*

Take 2 capsules once daily with the meal of your choice.

30 DAYS' SUPPLY  
CAPSULES FORMAT  
VEGAN FORMULA  
GLUTEN-FREE

**CURCUMA LONGA**

Prevents the accumulation of fats and facilitates  
the breakdown of fats by the liver\*



\*Claim on-hold. The prevention of fat accumulation is linked to their destockage by the liver, thanks to Curcuma Longa.

# M-BARS

Meal replacement  
for weight maintenance or weight loss\*

30 DAYS' SUPPLY  
VEGAN FORMULA  
LOW SUGARS  
HIGH FIBRE

As a meal replacement, 1 bar offers your body at least  
30% of the nutrient reference values  
for vitamins and minerals, and contains  
carbohydrates, proteins and fats



\*Substituting one daily meal of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Substituting two daily meals of an energy restricted diet with meal replacements contributes to weight loss.

# WEIGHT MANAGEMENT KITS

To support your weight management efforts

30' DAYS KIT  
VEGAN PRODUCTS

WITH  
OR  
WITHOUT



## TRY THESE WITH IT

Try ageLOC TRME with the ageLOC WellSpa iO System and support your body balance goals and self-confidence

ageLOC  
**TRME**

&

ageLOC  
**WellSpa iO**









# What is body balance?

It refers to the state of equilibrium between one's healthy habits, lifestyle, and well-being. It involves finding the right mix that supports your overall health.

Body balance is different for everyone and is not consistent. One day your body balance can mean going for a run, another time it might be to stay at home and watch TV. But the goal is always the same – to help you to feel good with yourself and meet your needs.

Do I need to include all the TRME products into my daily lifestyle to support my body balance?

ageLOC TRME is a system that empowers you to customise your journey by giving you a self-tailored, flexible experience. To support you and help you make the right decisions for your journey, we offer you a range of food supplements as well as body balance guide, but you get to decide which to use according to your goals and balance.



# I am interested in managing my weight, which TRME products should I take?

To support your weight management efforts, you can take TRME MyGoal that contributes to weight loss\* and/or the TRME M-Bars as a meal replacement for weight maintenance or weight loss.\*\*

Also, you can combine all four TRME products (TRME Weight Management Kit) : InnerNu, MyEdge, MyGoal and RealMe. By adding all the TRME products to your daily routine, you enjoy the benefits of each product at the same time.

ageLOC TRME is a flexible system that allows you to choose the products that you wish according to your needs. Thus, you can also add M-Bars to your body balance journey for weight maintenance or weight loss support (TRME Weight Management Kit + M-Bars).



\*Thanks to the Glucomannan, the beneficial effect is obtained with a daily intake of 3g of glucomannan in 3 doses of 1g each, together with 1-2 glasses of water, before meals and in the context of an energy-restricted diet.

\*\*Substituting one daily meal of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Substituting two daily meals of an energy restricted diet with meal replacements contributes to weight loss.





# Download Nu Skin Vera



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For more information on the products, you can check  
the Product Presentations per product  
and Product Information Page (PIP)  
on our Asset Library.

